

Humber Canoeing Association Coaching Weekend – Information Sheet

003/feb.11

This form applies to members of HCA Affiliated clubs for 7 & 8 May 2011.

(All others at double fee Plus Proof of BCU membership - BCU day membership is available)

The Humber Canoe Association invites applications for places from any member of its affiliated clubs on the following courses. The training weekend will be based around: Sleningford Mill Camping and Caravan Park, North Stainley, Ripon, Nth Yorkshire HG4 3HQ 01765 635201 (Sheet 99 Grid Ref 428040).

SPECIAL NOTE: Anyone planning to stay on the site should **book prior to the event**, one night stays are permitted but at this event only & only if pre-booked. Everyone should ensure that they book directly with the campsite should they wish to stay on the campsite, regardless if an electric hook up is required, or not. Please remember to state you are part of the HCA event when booking.

Courses	Pre-requisites & Guidelines for Selection of Courses <small>(Paddlers must not pose an unusual burden upon the group's resources, particularly on any river trip)</small>	Venue	Fee
BCU Two Star	BCU One Star. Logged qualifying journeying experience.	Tanfield / Ripon	£20
BCU Three Star WW Kayak-Training	BCU Two Star	Ripon / Tanfield	£20
BCU Three Star WW Kayak Testing	BCU Two Star & logged qualifying journeying & with suitable WW experience	Ripon/ Tanfield	£20
BCU Three Star Open Canoe	BCU Two Star – Aged 16 and over Logged qualifying journeying experience	Tanfield - TBC	£20
HCA WhiteWater One Foundation Boat Skills	BCU 2 star and 2 outdoor trips of at least 2 hours	Tanfield	£20
HCA WhiteWater Two Foundation Safety Skills	BCU 2 star and HCA WW 1 (new) Or BCU 2 Star with HCA WW 2 (old) or higher	Tanfield	£20
HCA WhiteWater Three Intermediate Boat Skills	BCU (new) 3 star – Aged 16 and over <u>Or</u> HCA WW2 (old) and at least 2 ww trips since	TBC	£25
BCU 3 Star Experience /Trips under leadership WW Kayak	The aim of the course is to provide logged experience prior to a three star assessment under the qualified leadership or extra experience post 3 star Pre-req's:- BCU 2 star & 2 WW trips or HCA WW 2	TBC	£25
BCU 4 Star Experience /Trips under leadership WW Kayak	The aim of the course is to provide logged experience on Moderate water under the leadership prior to 4 star. Pre-req's:- BCU(new) 3 star or HCA WW3	TBC	£25
BCU 3 star Experience /Trip under leadership Open Canoe	The course looks to provide open boaters with experience on both open water and grade 2 moving water under leadership Pre-req's : 3 Star Open boat skills	TBC	£25

Notes:

- **Kayaking And Canoeing are 'Assumed Risk – Water Contact Sports' that may carry attendant risks. Participants should be aware of & accept these risks. All participants are responsible for their own actions and involvement**
- **Booking-in will be required and is available from 08.30hrs on the Saturday morning.** Courses are expected to start at around 09.30hrs.
- Please note the river trip from Hack Falls/Mickley is not available on this weekend in line with the access agreement.
- All coach - student ratios are in line with BCU guidelines or better

Notes (continued):

- It should be noted that places on all courses are limited so early application is advised.
- Training & Assessments for 2 Star will take place over the weekend. Candidates for BCU 2 Star, please remember to state which boat/s you will be bringing with you (Kayak / Canoe / Both).
- 3 Star WW Kayak Training is available, this course will look to cover the whole syllabus for this test subject to the standard of the ; some moving water experience may be an advantage.
- 3 Star WW Kayak Testing will be carried out on the Saturday, with additional moving water skills **being** coached on the Sunday (**Sunday re-testing is not possible**)
- 3 Star Open Canoe Training & Assessment is planned to take place over the weekend (subject to available staffing)
- The moving **water courses** will be based on River Ure at the campsite; the flat-water courses will be based on the canal at Ripon.
- HCA WW 3 & BCU 3 & 4 Star Experience may be held at another appropriate venue, subject to the water conditions.
- Paddlers may be aware in Autumn 2007, BCU changed their Star tests & therefore the HCA white water awards were also amended, these NEW star tests are downloadable from BCU website & HCA NEW awards are available from your club or via the YORCIE website.

Application Procedure	Please send a completed and signed application form (countersigned by a club coach) and a cheque for the full course fee made payable to: HCA . Forms to arrive with the course administrator before Friday 15th April 2011 . Applications received after the closing date may not be processed
What is included	The course fees stated above cover tuition fees only
What is not included	Equipment and/or boat hire, certificates, badges, BCU fees, campsite fees, any launch fees, food/drink, transportation and /or travel etc. HCA does not provide any form of evening entertainment for persons attending the weekend. Please speak to your own club
Will I be informed if I have a place ?	We will send you an email in the week following the closing date from humbercanoe@hotmail.com We will also provide a list to each of the clubs
Camping & Parking Fees	Fee must be paid to the campsite owner, or their appointed agent on arrival - Please remember to book with the site prior to the event
Course Administrator	Hayley Salt, 28a Bulwick Avenue, Grimsby DN33 3BH T:0771 807 1028 Please telephone between 6.30 pm and 9.30 pm only

All application forms must be countersigned by a Level 2 coach from their own club
Incomplete forms will not be accepted and will be returned.

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Application Form - HCA Training weekend

003/Feb11

All application forms must be countersigned by a Level 2 coach or above from their own club
 Incomplete forms will not be accepted

Block Letters Please

Name	Club: _____ (Please complete, as appropriate)		
Address (including post code)	_____		
E-mail	Please note: your booking confirmation will come from humbercanoe@hotmail.com		
Age	_____		
Telephone	_____		
Medical Questions <u>For your own safety this section must be completed.</u>	Please state if you knowingly suffer from asthma, epilepsy, diabetes, problems with hearing or sight, or anything that your coach should know about , including pre-existing conditions/ old injuries, pre-disposition to the cold. If none, then write NONE		
Please ring your chosen course & craft	BCU 2Star	Will you bring a Kayak Or Canoe Or Both	
	BCU 3Star Kayak – Training	BCU 3Star Kayak Assessment	BCU 3Star OpenCanoe
	HCA WW1	HCA WW2	HCA WW3
	3 Star Trip/ experience	4 Star Trip/ experience	Open Boat Experience

Signature of applicant (or parent/guardian if under 18yrs)

Signature of Club Coach to confirm candidate is a satisfactory standard to attend this course

_____ **Name of Coach** _____ **BCU No** _____ **BCU Coaching Qual.s** _____
To be completed in all cases Whether or not a candidate is able to produce documented evidence to satisfy all prerequisites.

We ask that ALL PARTICIPANTS supply alternative contact details:

Name	
Address	
Postcode	
Home Tel No	Mobile
Relationship to participant:	

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Please return this form completed, with a cheque made payable to HCA for the appropriate fee to arrive before Friday 15th April 2011 to:

Hayley Salt 28a Bulwick Avenue, Grimsby DN33 3BH T:0771 807 1028

Please phone between 6.30 pm and 9.30 pm only or send an email to **humbercanoe@hotmail.com**

Check List: Completed Form (signed By Club Coach) & a cheque payable to HCA

All application forms must be countersigned by a Level 2 coach or above; incomplete forms will not be accepted