

How to get there

Howsham Weir

Map 100 Grid Reference SE732625

Nearest postcode YO60 7PW

Follow yellow slalom 'S' signs from A64 or A166.

Howsham Weir Slalom is located on the River Derwent near (but not in) the village of Howsham.

From A64 take the turning signposted 'Harton' and 'Howsham'. Drive through Harton and out the other side into open country. At the T-junction, turn right towards Howsham. About 500m further on you will see the stone bridge. Turn left into the gates of Howsham Hall just after the bridge.

From A166, follow signs for Buttercrambe, in Buttercrambe turn right towards Kirk Gates, proceed straight past Kirk Gates remaining on the main road for about another 2 miles and turn left at the staggered junction signposted Howsham. Head towards Howsham. Continue past the 'Howsham village only' sign for about 200m. Turn right into the gates of Howsham hall just before the stone bridge.

Yellow slalom S signs will mark entrance to the slalom site. Please follow these to reach the camp site and slalom course.

Nearest Hospitals

York Hospital, Wigginton Road, York, YO31 8HE.

Tel: 01904 631 313

York NHS Walk-In, 31 Monkgate, York, YO31 7WA

Tel: 01904 725401

Howsham Weir Slalom

21st/22nd July 2012

Division 2/3/Open Short Course Div 4 & Mill Race Open Challenge

Brought to you by
Lower Wharfe Canoe Club and Kingston Kayak Club

With special thanks to

Howsham Hall and Howsham Mill

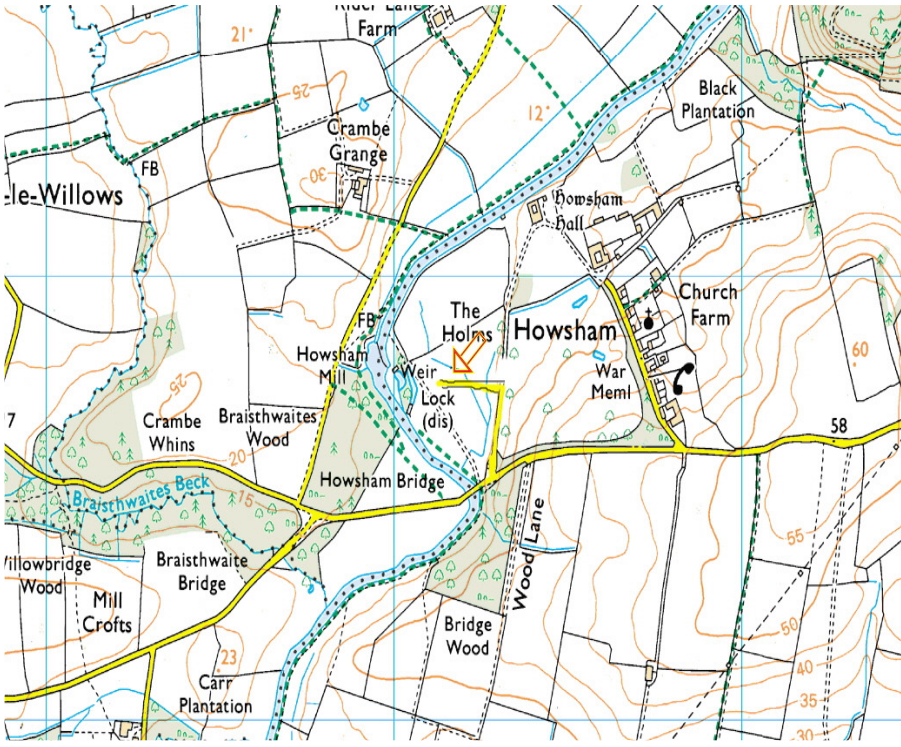
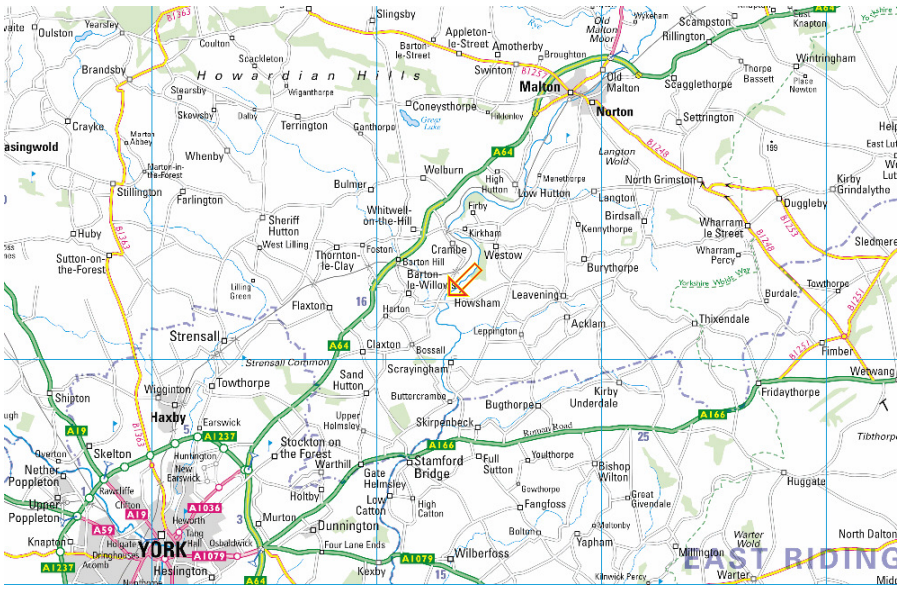
“Canoeing and Kayaking are “Assumed risk” – “Water contact sports” that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement”.

Provisional Programme

The programme is provisional and will be amended each day after late entries have been received.

08.30 Official Practice
09.30 Official practice finishes
10.00 Officials A
10.15 Vets
10.20 Div 2 C1M
10.30 Div 2/3 C1W
10.35 Div 2 K1M
11.00 Div 2 K1W
11.20 Div 2/3 C2
11.30 Div 3 K1M
11.45 Div 3 K1W
11.55 Div 3 C1M
12.00 Open
12.10 Officials B
12.45 Div 4 Short Course
13.15 Lunch
14.00 Officials A
14.15 Vets
14.20 Div 2 C1M
14.30 Div 2/3 C1W
14.35 Div 2 K1M
15.00 Div 2 K1W
15.20 Div 2/3 C2
15.30 Div 3 K1M
15.45 Div 3 K1W
15.55 Div 3 C1M
16.00 Open
16.10 Officials B
16.45 Div 4 Short Course
17.15 Prize Giving
19.00 Mill Race Final

Please enter in good time. Late entries will be accepted on the camp site on Friday night and until 09.30 on Saturday and Sunday at control - **Late entry fees will be charged**



The Site - Special Notice

Howsham Mill is currently undergoing some construction work that means part of the island is a building site. Please comply with all construction site safety notices and do not enter the construction site at any time.

Much of the area is an area of special scientific interest. Please stay on the island to spectate and do not venture on to the far bank unless instructed to do so. Please observe the signage regarding any areas that are out of bounds and use the paths. Any damage caused could jeopardise future events.

Etiquette and Safety

Only use the designated entry and exit points when entering/leaving the water.

Please remember that at least two boats must remain on the water near the finish at all times. When you complete your run do not get off until you have been replaced otherwise you may be disqualified.

If a judge blows a whistle during your run it means that you have been caught up by the next paddler. Please make way for him or her. You may then continue when they have passed.

Boats may only be left of the camp site or in the designated areas, please do not bring them on to the island area.

Use of Site & Liability

Use of site is by permission from the owners of Howsham Hall and the trustees of Howsham Mill. All persons camping on the site do so at their own risk. No liability of any sort is accepted by Howsham Hall, Howsham Mill or the Canoe Clubs, before, during or after the slalom competition.

First Aid

The first aid point and emergency phone are located in control.

Rubbish/Litter

Please take your rubbish home with you as we have limited facilities to dispose of it. Please do not drop any litter around the site or in the river. Any littering caused could jeopardise future events.

Leptospirosis/Weil's Disease

Leptospirosis is an animal infection caught by direct contact with the urine of an infected animal. This usually happens in water during periods of very low water level. Bacteria can enter through skin abrasions, the eyes, nose or mouth with an incubation period of two to twelve days. Usually a flu like illness occurs which resolves in two to three weeks (there may be fever, severe headaches, pains in the back and calf and prostration). In a very small number of cases this develops into a jaundice when the condition is known as Weil's Disease. Although death may occur in about 15% of jaundiced patients, death without jaundice is virtually unknown. If you think you may have the infection go to your doctor and tell him/her that there may be a risk of Leptospirosis.

To minimise risk of infection cover all cuts and abrasions with waterproof plasters and always wear footwear to avoid cutting feet. Where possible shower quickly after competing. If in doubt contact your doctor.

Dogs

Please ensure any dogs brought on to the site are kept on a lead. Dog owners must clean up after their pet and take it home.

Shops

7.9 miles Tesco Express, Strensall, 40 the Village, York, YO32 5XR

12.16 miles Tesco Extra, Stirling Road, York, YO30 4XZ

6.9 miles Costcutter, Stamford Bridge

10.1 miles ASDA Supercentre store , Jockey Lane - Monks Cross , York , YO32 9LF Tel: 01904 628107

9.7 miles Morrisons, Castlegate, Malton, YO17 7DT, 01653 695853

Toilets

Portaloos are provided for use by all those attending or taking part in the slalom weekend.

Changing Facilities

There are no changing or showering facilities at the slalom. Please be discreet when changing at all times.

Food

There will be hot food available during the day. Hot and Cold drinks plus chocolate bars, cakes, sweets etc will be available. There will be a Fajita Tent and hand pulled beer on Saturday evening.

Drinking Water

**PLEASE BRING A SUPPLY OF WATER FOR THE WEEKEND.
THERE IS NO MAINS WATER ON SITE.**

Photography

Anyone wishing to use a zoom lens at this event should make themselves known to the team in control.

Camping/Parking

Camping Fee £3 per person per night

Car Parking - without camping £3 per day/£5 weekend

No open fires. Barbeques must be kept off the ground.

There is no electricity on site.

Please ensure you pay on arrival.

Please note there is a very tight turn into the camp site (although it has been widened this year). Caravans and trailers may need to be man handled and motorhomes may need to reverse in. If you need help please just ask.

Training

The course will be open on Friday evening and early Saturday, Saturday evening and early Sunday for unofficial practice. Please arrange your own safety cover during these periods. There will be no cover outside of official competition times or during practice sessions.

Mill Race Open Challenge

Competitors can qualify for the 'Mill Race Open Challenge' by competing in the open event on Saturday. The 'Final' on the Mill race will be held on Saturday evening.

Entry Fees

We will also be running a Division 4 short course event on both days. A £4 entry fee applies. Division 2/3/Open fees as per year book.

Kit for Sale

Kit and boats for sale can be displayed on the camp site. Adverts may be placed near control. Please leave contact details for prospective purchasers to avoid unnecessary disturbance at control. The club does not accept any responsibility for items bought and sold at the event.

Start Times and Results

Saturday	Start Time	Penalties	Total	Position
1 st Run				
2 nd Run				
Sunday				
1 st Run				
2 nd Run				