# Wolfreton Marathon - Information for Paddlers

Kingston Kayak Club invites you to the Wolfreton Marathon to be held on Sunday 17th October 2010, at North Frodingham on the Driffield Navigation/River Hull. www.driffieldnavigation.co.uk.

## **Race Organiser**

Kingston Kayak Club
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# **Venue**

The start and control point will be at the Frodingham Wharf/Bridge (B1249), Near North Frodingham, East Yorkshire. Post code YO25 8LA will get you to the village or OS reference TA090538. There is car parking available at the Wharf, please be considerate of other users of this venue when parking.

#### The Event

The event will consist of a marathon and a fun race, including a Lightning Division. The races will be run in accordance with the BCU Marathon Committee rules.

### **Marathon - Group A Races**

Division 1-3 singles. 3/4 pairs - 12 miles.

Division 4-6 singles. 5/6 pairs - 8 miles.

Division 7-9 singles. 7/8 & 9 pairs - 4 miles.

## Fun Event - Group B Races (3 Miles)

Division 10 - Lightning Race (under 10 & under 12 years, age at 1<sup>st</sup> January 2010).

Division 11 - Junior Fun Race (Under 18 years, as at 1<sup>st</sup> January 2010).

Division 12 - Senior Fun Race (Over 18 years).

Division 13 - Non-racing double or open canoe.

#### **Entry Fees**

£4.00 – 18 years and over (Group A Races)

£3.00 – Under 18's & all fun paddlers

Cheques payable to Kingston Kayak Club please

Entries can be e-mailed or phoned to me, and can be paid for on the day.

Please enter in advance if possible. Entries on the day of the race will incur a late entry fee of £1 in addition to the relevant entry fee.

BCU/ICF Cards (comprehensive) are required for all paddlers in Group A races/division 1-9 inclusive. Juniors whose club has a registered youth section affiliated to the BCU may use their Paddlepower number. If unable to prove membership of BCU/ICF a fee of £3 will be charged on the day for an event ticket.

#### Check-in time

10.30am - 11.30am on Sunday 17th October 2010. Race briefing at 11.30am

# **Race Start Time**

12 noon: 12 mile, 8 mile & 4 mile followed by Lightning's and Fun Race (3 miles).

#### **Prizes**

Prize giving will take place as soon as possible after all paddlers have finished the race. Medals will be awarded to 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> in each division, where there are sufficient competitors in that division. Paddleability, ladies and junior competitors will be recognised. All entrants will receive a certificate.

# Access to the water

Paddlers may launch from the Wharf or the access steps at the end. Access north of the bridge is not permitted.

### **Buoyancy Aids**

Personal flotation devices must be worn by all paddlers in Divisions 7 – 13 inclusive. For juniors racing in higher divisions, the use of buoyancy aids will be at their team managers' discretion. The Race organiser reserves the right to insist that all competitors wear buoyancy aids in the case of adverse water or weather conditions.

### **Numbers on Boats**

Paddlers in Divisions 1 – 8 should use the approved yellow number plates.

Paddlers in Divisions 9 - 13 should display their number clearly on their boat, either by using tape, or collect a laminated number card from the control point. (Please return these after use!)

## **Starting Order**

The start time for the first division will be at 12 noon, the order of starting being from Division 1, through to 13. Please bear in mind that there may not be any paddlers in the higher divisions, therefore please be prepared to start your race from midday.

Paddlers should assemble on the water upstream of the start, and will be called forward to the starting line, by division.

When numbers have been checked, the starter will begin your race with the words "**READY, GO**". It is your responsibility to be at the start on time.

#### Rules of the River

There are no portages for this event. However other craft may be using the waterway. Paddlers will need to be able to cope with the wash and bow waves from these boats. Please paddle on the right side of the river, and be courteous to other water users, fishermen etc.

### <u>Turns</u>

All turns should be made, in an anti-clockwise direction, after passing the marshal with the flag. The turn for the 3-mile race will be denoted by a red flag. A blue flag for the 4-mile race, green for the 8-mile race, and yellow for the 12-mile race

#### Finishing

Paddlers should pass the finish line in their kayak/canoe.

### Safety

Paddlers of all ages and abilities are very welcome to take part in this event, however individual clubs should ensure that their paddlers are appropriately equipped, and suitably experienced to participate in the race. If it is deemed necessary that an individual requires support paddlers, this should be provided by the individuals club wherever possible.

If you see someone in difficulty or who has capsized, please stop to offer them help and provide assistance if requested to do so.

## **Results**

Times will be posted at the check-in point after the race has finished. If you require a copy of these, please send an S.A.E. to the race organiser, or your e-mail address.

# **Toilet Facilities**

These are chemical toilets in tents. Please leave toilets as you find them.

"Canoeing and kayaking are "Assumed risk" – "Water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement". British Canoe Union Statement.

Above all, have a safe and enjoyable day, Happy Paddling!